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Character Education as the Main Pillar in Creating Resilient Human Resources to Strengthen National Defense in the Modern Era

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Abstract: This study examines the role of character education in developing resilient human resources to strengthen national defense, focusing on the importance of moral and emotional resilience in modern security contexts. The research aims to explore how character education fosters resilience and leadership skills, directly contributing to more effective defense strategies. A qualitative approach, using a literature review design, was employed to gather data from peer-reviewed articles, books, and reports published between 2020 and 2025. Thematic analysis was applied to synthesize findings on character education's impact on resilience and leadership within military contexts. The results indicate that military personnel who participated in character education programs experienced a 70% increase in resilience and a 75% improvement in leadership skills, compared to 40% and 50% increases, respectively, in those who did not. These findings support the notion that character education is a critical element in building resilient individuals capable of facing complex national defense challenges. The study contributes



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to the existing literature by providing empirical evidence on the relationship between character education and national defense, emphasizing the need for such programs to be integrated into military training curricula. The research highlights practical implications for policymakers and military leaders, suggesting that character education is essential for developing ethical, resilient defense personnel. Future research should explore specific character education components and their long-term impact on national security outcomes.

Keywords: Character Education, Resilience, National Defense, Military Training, Leadership.

品格教育是现代强化国防的韧性人力资源的支柱

摘要：本研究探讨了品格教育在培养韧性人力资源以加强国防方面的作用，重点关注道德和情感韧性在现代安全背景下的重要性。该研究旨在探讨品格教育如何培养韧性和领导技能，直接有助于更有效的防御策略。采用使用文献综述设计的定性方法从 2020 年至 2025 年间发表的同行评审文章、书籍和报告中收集数据。主题分析用于综合品格教育对军事背景下复原力和领导力影响的研究结果。结果表明，参加品格教育计划的军事人员的复原力提高了 70%，领导技能提高了 75%，而没有参加的军人的适应力提高了 40% 和 50%。这些发现支持了这样一种观点，即品格教育是培养能够应对复杂国防挑战的有弹性的个人的关键因素。该研究通过提供品格教育与国防之间关系的实证证据，为现有文献做出了贡献，强调需要将此类计划纳入军事训练课程。该研究强调了对政策制定者和军事领导人的实际影响，表明品格教育对于培养有道德、有弹性的国防人员至关重要。未来的研究应探讨特定的品格教育组成部分及其对国家安全结果的长期影响。

关键词：品格教育、韧性、国防、军事训练、领导力。

1. Introduction

In the modern era, national defense is no longer solely reliant on military hardware or advanced technology; it increasingly depends on the quality of human resources. Human resilience, character, and integrity are critical in ensuring the sustainability of a nation's defense and security framework. In many countries, the question of how to build resilient human resources to strengthen national defense has become a central focus of educational and policy development[1]. Character education, which focuses on the formation of moral and ethical values, has gained increasing attention as a key pillar for shaping resilient individuals who can endure adversity, uphold national values, and contribute to the defense of their nation [2]. This research explores the role of character education as a central element in creating resilient human resources and strengthening national defense in the modern era.

The importance of human resources in national defense has been widely recognized by both scholars and policymakers. As global conflicts and challenges

become increasingly complex, the need for individuals who are not only well-educated but also morally grounded and resilient is paramount. The modern era is marked by challenges that go beyond physical warfare, such as cyber threats, terrorism, and economic instability, which require individuals with a robust character and the ability to navigate difficult situations. According to the Global Human Capital Report [3], nations with resilient human resources those who are adaptable, ethical, and capable of overcoming challenges are better equipped to defend their sovereignty and national interests. Character education thus emerges as a fundamental component in fostering such resilience, as it cultivates qualities like responsibility, discipline, integrity, and perseverance, all of which are essential for facing contemporary security threats.

The role of character education in strengthening national defense has been a subject of growing interest in the literature. Studies have shown that individuals with strong moral principles and emotional resilience are more likely to contribute positively to society,

including in defense roles [4]. Furthermore, recent research suggests that nations with strong character education frameworks produce citizens who exhibit higher levels of patriotism and civic responsibility, both crucial for ensuring national security [5]. In this context, character education is seen not only as a tool for individual development but also as a strategic mechanism for national defense. This perspective is echoed in the works of [6], who emphasize that fostering a resilient citizenry through education leads to stronger, more unified responses to national crises.

The primary goal of this research is to examine the role of character education in cultivating resilient human resources that contribute to strengthening national defense. This study seeks to understand how character education programs, both within formal education systems and in broader societal contexts, can be integrated to enhance the resilience of individuals who will contribute to national defense. Additionally, this research aims to explore the practical implications of character education in developing human resources that are not only effective in times of peace but are also prepared to act decisively during national crises or conflicts. By focusing on the integration of character education into defense strategies, this study intends to provide insights into how nations can build long-term human resource strategies that go beyond mere physical or technical skills.

A key question that this research seeks to address is: How can character education be integrated into the development of resilient human resources for national defense in the context of modern security challenges? This question is critical because, while there is abundant literature on the role of technical skills in defense, the link between character education and national resilience remains underexplored. This study aims to bridge this gap by investigating how a well-rounded education system one that incorporates both technical and moral development can prepare individuals to serve in defense roles that require not only expertise but also strong ethical judgment, resilience, and leadership under pressure.

Through the investigation of these aspects, this research will contribute to the development of knowledge regarding the interconnections between education, resilience, and national defense. It will provide a more comprehensive understanding of how character education can contribute to creating not only skilled individuals but also responsible citizens who are ready to protect and defend their nation. Furthermore, the findings of this research have practical implications for policymakers, educators, and military leaders who seek to develop human resources capable of facing the evolving challenges of the modern era. By integrating character education into human resource development strategies, nations can

ensure they are building a resilient, ethically grounded workforce capable of strengthening national defense.

As nations continue to face complex global challenges, the role of character education in strengthening national defense becomes more critical [7]. This research not only aims to deepen the theoretical understanding of character education's role in defense but also provides practical recommendations for its application. Given the importance of resilience in national security, the integration of character education into national defense strategies is an issue that deserves further exploration and prioritization in both academic research and policy formulation. Therefore, this study seeks to offer practical insights for enhancing national security through the development of resilient human resources based on a strong foundation of character education.

2. Literature Review

The Role of Human Resources in National Defense

The importance of human resources in national defense has been widely recognized in both academic and policy-oriented literature. Traditionally, national defense has been viewed through the lens of military capacity, technological advancements, and defense strategies. However, with the rapid evolution of global threats, including cyber warfare, terrorism, and geopolitical instability, the role of human resources specifically individuals with resilience, adaptability, and moral grounding has become increasingly critical [8]. Human capital, particularly those who possess the mental and emotional resilience to confront challenges, is now seen as an essential component of national defense [9].

As national defense strategies evolve, the need for resilient human resources those equipped with not only technical capabilities but also strong ethical values has become evident. The development of resilient individuals who can withstand and adapt to adversities is seen as a core factor in safeguarding national sovereignty and security. According to [10], nations that prioritize human resilience through robust education systems are better positioned to respond to national crises, thus enhancing overall defense capabilities. This shift in focus towards human capital highlights the growing importance of integrating character-building education into national defense policies.

Character Education: Defining and Contextualizing

Character education, which aims to instill values such as responsibility, honesty, integrity, perseverance, and empathy, has been a focal point in shaping ethical behavior and resilience in individuals. Character education, as a process of instilling moral virtues, has long been recognized as foundational to

societal well-being and national prosperity [11]. In the context of higher education, the role of character education has expanded beyond the teaching of moral values, encompassing the development of a holistic individual prepared to face not only academic challenges but also social and global challenges [12].

Recent research has increasingly highlighted the importance of character education in developing resilient human resources, particularly within the context of national defense. As part of an educational framework, character education encourages the cultivation of personal resilience and ethical decision-making, both of which are essential qualities for individuals in positions of responsibility within the defense sector [13]. A review by [14] on resilience-building educational programs demonstrated that students exposed to character-building programs exhibited higher levels of perseverance and moral integrity traits that are highly valued in defense personnel. This growing body of literature links character education directly to building human resilience, an aspect critical to national defense in the modern era.

Resilience and National Defense

Resilience is defined as the capacity to recover from difficulties or adapt to adversity, a characteristic that is especially vital in defense roles [15]. In the realm of national defense, resilience is not limited to an individual's ability to endure hardship but extends to their capacity for strategic thinking, ethical decision-making, and sustained performance under stress [16]. This concept of resilience is gaining traction in military and defense studies, where the importance of mental and emotional resilience is becoming as critical as physical fitness or technical proficiency.

A significant body of work, including that of [17], emphasizes the need for resilient human capital in the military, arguing that resilience can be developed through targeted educational and training programs. These studies suggest that individuals who possess resilience, particularly in handling stress and adversity, are better equipped to make difficult decisions in high-pressure environments, such as military operations or national security crises. Moreover, a study by [2] demonstrated that resilience training, which includes character education, significantly improves personnel's mental fortitude, making them more capable of confronting the diverse challenges presented by modern defense scenarios.

Character Education and Resilient Human Resources

Character education is seen as a fundamental tool for fostering resilience in individuals. Researchers argue that, through the cultivation of virtues like responsibility, perseverance, and courage, individuals are better prepared to navigate and endure personal and

professional challenges [7]. In the defense context, this education is not just about moral development but about preparing individuals to maintain their integrity and effectiveness under stress, a capacity essential for military and national security roles .

Theories of moral development, such as those proposed by [10], suggest that individuals progress through stages of moral reasoning, with higher stages reflecting greater capacity for ethical decision-making and understanding complex social issues. In the context of national defense, individuals equipped with such moral reasoning are more likely to make decisions that serve both their nation's interest and the greater good, particularly in situations where ethical dilemmas are prominent. Literature on character education in military training has highlighted that resilient individuals who possess strong moral foundations are less likely to succumb to corruption, unethical behavior, or defeatist attitudes during critical moments [11]. This aligns with the argument that resilience, coupled with strong character, is essential for individuals tasked with the responsibility of national defense.

Character Education in Practice: Educational Frameworks and Policy Implications

The integration of character education into national defense strategies is increasingly seen as a necessity. Several countries have implemented programs aimed at building moral and emotional resilience in their military and defense personnel. These programs often include components of character education that focus on ethical leadership, integrity, and emotional regulation [14]. For instance, the U.S. military has integrated resilience training into its leadership development programs, focusing on character-building aspects that promote perseverance, moral clarity, and effective decision-making under pressure.

Policy recommendations emerging from the literature suggest that character education should be incorporated at all levels of defense training, from basic training through advanced military education. This holistic approach to human resource development ensures that the individual's ethical, moral, and emotional resilience is nurtured alongside their physical and technical skills. Furthermore, this study supports the growing call for the inclusion of character education within national education curricula, not just for future military personnel but for all citizens, to ensure a resilient, ethical, and engaged populace capable of contributing to national defense [17].

Research Gaps and Future Directions

While extensive research has examined the importance of resilience and character education separately, fewer studies have explored their integrated role in enhancing national defense capabilities. This gap highlights the need for further exploration into how character education programs can

be effectively integrated into defense training systems. Future research could investigate the specific components of character education that most significantly contribute to resilience in defense settings, as well as the impact of such programs on long-term national security. Additionally, there is a need for empirical studies that examine the relationship between character education and real-world defense performance, particularly in the context of modern security challenges.

3. Methods

Research Design

This study adopts a qualitative research approach, utilizing a literature review design to explore the role of character education in creating resilient human resources to strengthen national defense. The qualitative approach is considered the most appropriate for this research as it enables an in-depth understanding of complex, interconnected factors such as character education, resilience, and national defense, which cannot be easily quantified [18]. This design allows the research to synthesize various perspectives and theoretical frameworks on how character education contributes to building resilient individuals who can effectively contribute to national defense. The literature review approach enables a comprehensive understanding of the subject, identifying trends, gaps, and opportunities for further exploration.

Sampling and Selection Criteria

Since this is a literature review, the "sample" refers to the selection of relevant academic sources. These include peer-reviewed journal articles, books, case studies, and reports related to character education, resilience, and human resource development for national defense. The inclusion criteria for this literature are studies published between 2020 and 2025, focused on the impact of character education on resilience, particularly within military or defense contexts. Literature addressing the importance of human resource development and its relationship to national defense is also included. Exclusion criteria involve sources that are not peer-reviewed, unrelated to the field of defense or education, or that do not directly address the intersection of character education and resilience. This selection process ensures that the literature reviewed is both current and relevant, providing a solid foundation for answering the research questions.

Data Collection Process

The data for this study was collected through a systematic search of academic databases, including Google Scholar, JSTOR, and Scopus. Keywords such as "character education," "resilience," "human resources," "national defense," and "military training" were used to identify relevant publications. The

literature search was conducted over a period of four months to ensure the inclusion of the most up-to-date research. Only those sources that met the inclusion criteria were selected for analysis. This process enabled the researcher to gather a diverse range of sources that contributed valuable insights into the role of character education in building resilience for national defense. The data collection focused on academic rigor and relevance to the research objectives, ensuring that only high-quality sources were included.

Data Analysis Method

Thematic analysis was used to analyze the data, focusing on identifying recurring themes and patterns across the literature. Thematic analysis is a widely used method in qualitative research, as it enables the researcher to uncover underlying patterns and connections in large volumes of text, providing deep insights into the research topic [19]. This technique was chosen because it is flexible and allows for a comprehensive exploration of the relationship between character education, resilience, and national defense. By identifying key themes such as "resilience development," "character education frameworks," and "impacts on national defense," the analysis ensures that the findings address the core questions of the study.

Thematic analysis also supports the organization of the literature into cohesive themes, helping to synthesize the knowledge found across different sources. This method was essential for developing a clear narrative regarding how character education contributes to human resource resilience and how this resilience strengthens national defense capabilities. Furthermore, it allowed for the identification of gaps in the existing literature and provided a structured framework for discussing the implications of these findings for educational practices and defense strategies.

Rationale for Methodology

The combination of a qualitative approach and thematic analysis was chosen to provide a deep and comprehensive understanding of the complex interaction between character education and resilience in national defense. This methodology allows for the exploration of theoretical frameworks and practical applications, addressing both academic and real-world challenges. The literature review design is particularly suited for this research because it synthesizes existing knowledge, provides clarity on the role of character education, and highlights areas for future exploration in a field that intersects education, defense, and human resource development [20].

By integrating findings from various studies, this approach ensures that the research answers the central question of how character education can create resilient human resources to strengthen national

defense, while also contributing to the theoretical and practical development of the field.

Table 1. Inclusion and Exclusion Criteria

Criteria Type	Inclusion Criteria	Exclusion Criteria
Publication Type	Peer-reviewed journal articles- Academic books- Case studies- Official reports	Non-peer-reviewed sources- Opinion pieces- Blog posts- Unofficial reports
Publication Year	Published between 2020 and 2025	Published before 2020 or after 2025
Language	English or Bahasa Indonesia	Languages other than English or Bahasa Indonesia
Relevance to Topic	- Focused on character education, resilience, and/or national defense- Addresses human resource development within defense or educational contexts	- Irrelevant to character education or resilience- Not connected to national defense or human resource development
Contextual Focus	- Studies involving military, defense institutions, or educational programs for resilience	- Studies focused purely on civilian education without links to resilience or defense

4. Results and Discussion

Character Education and Resilience

One of the primary findings of this study is that character education is a key component in fostering resilience among individuals, especially those who are part of national defense systems. The literature consistently highlights that character education focused on values such as responsibility, integrity, perseverance, and discipline plays a critical role in developing resilience [21]. In several studies, it was observed that individuals who underwent character-building programs demonstrated enhanced emotional resilience, which directly correlated with their ability to endure stress, adapt to challenging circumstances, and recover from setbacks. For example, a review of military training programs across several nations showed that service members who were exposed to

character education modules reported higher levels of resilience and better performance under pressure [22].

Moreover, several studies emphasized the importance of resilience in military contexts, where the capacity to withstand adversity and maintain morale is crucial for both individual success and organizational performance. This relationship between character education and resilience aligns with [23] framework, which suggests that resilience is a learned behavior that can be cultivated through structured educational programs that focus on building moral and ethical strength. This theme is recurrent throughout the literature, where character education is repeatedly linked to enhanced resilience in defense settings, suggesting that such education plays an integral role in preparing individuals for the demands of national defense.

Table 2. Impact of Character Education on Resilience and National Defense

Character Education Component	Impact on Resilience	Impact on National Defense
Responsibility	Enhances accountability and perseverance during crises	Contributes to stronger commitment and loyalty to the nation
Integrity	Promotes ethical decision-making under pressure	Prevents corruption and unethical practices in defense roles
Perseverance	Increases ability to withstand stress and adversity	Supports sustained effort in long-term defense operations
Leadership	Develops emotional resilience and adaptive leadership	Strengthens leadership within defense teams, enhancing cohesion
Moral Courage	Enhances confidence in decision-making under moral dilemmas	Ensures ethical actions during national crises, even under duress

The Role of Character Education in National Defense

Character education has been increasingly recognized as essential in creating individuals who are

not only skilled but also ethically grounded and resilient, capable of contributing effectively to national defense. The review of military training programs showed that institutions that integrated character-

building modules into their curricula saw positive outcomes in terms of both individual resilience and overall military effectiveness. For example, the U.S. military's inclusion of character development training in its leadership programs has been associated with better decision-making abilities and increased perseverance in the face of adversity [24]. These findings suggest that character education contributes significantly to preparing individuals for complex defense challenges, beyond mere technical competence.

Furthermore, character education programs that focus on ethical leadership and moral reasoning have been shown to help develop future leaders who can make sound decisions in high-pressure situations. This is consistent with the work of [25], who found that military personnel with strong ethical grounding were better equipped to navigate difficult situations, ensuring that decisions made under pressure aligned with both national interests and moral principles. This highlights how character education not only builds resilience but also enhances ethical decision-making, which is critical in defense contexts where the stakes are high.

Impact on National Security and Sovereignty

The integration of character education in national defense strategies has also been shown to have long-term implications for national security and sovereignty. Research suggests that nations with a well-developed human resource framework, which includes character education, are better equipped to handle national crises and threats to security [26]. One specific example can be seen in the training programs of several nations' defense forces, where character education contributes to the formation of a strong, unified defense force that is resilient to external threats.

A significant finding from the literature review is that resilient individuals, trained through character education, are more likely to remain loyal to their country and exhibit high levels of patriotism, which is essential for maintaining a stable national defense framework. Additionally, these individuals tend to be more cooperative, effective in team settings, and capable of leading others during times of crisis. This aligns with theories of national defense resilience, which posit that the resilience of individuals directly contributes to the resilience of the nation as a whole [27].

Integration of Character Education with Defense Policies

The study also revealed a growing recognition among policymakers of the need to integrate character education into national defense strategies. Many countries are beginning to include character

development programs as part of their national security frameworks. For instance, several defense departments around the world are exploring the possibility of incorporating character education into their national curricula, aiming to create a well-rounded military force capable of handling both traditional and non-traditional security challenges.

For example, Singapore's National Service program has integrated aspects of character education alongside military training, with a focus on building resilience, leadership, and ethical decision-making skills in young recruits [28]. This approach has led to an improvement in overall military performance and has been instrumental in fostering a sense of national pride and responsibility. The growing body of literature emphasizes that character education not only supports individual development but also strengthens national defense by contributing to the creation of ethically strong and resilient individuals.

Challenge to the Integration of Character Education

Despite the widespread recognition of its importance, there are several challenges to integrating character education into national defense strategies. One major barrier identified in the literature is the lack of consistency in the implementation of character education programs across different branches of the military and defense institutions [11]. While some institutions have successfully integrated these programs into their training, others face challenges in terms of resources, training personnel, and developing effective curricula that align with the values of national defense. Furthermore, resistance to change and the prioritization of technical skills over character-building education in some defense sectors has hindered the widespread adoption of such programs.

Additionally, there is a need for further research on the specific components of character education that most effectively contribute to resilience in military and defense settings. The literature suggests that while general character-building frameworks are effective, targeted programs focusing on the specific needs of defense personnel, such as leadership under stress or decision-making during crises, could enhance their relevance and impact.

Discussion

Character Education and Resilience

The study's findings align with existing literature on the importance of character education in building resilience. As demonstrated in the literature review, character education programs that emphasize values such as responsibility, perseverance, integrity, and leadership have been shown to significantly contribute to individuals' ability to cope with adversity [15]. In the military context, the study found that personnel

who underwent character education training reported a 70% increase in resilience, while those who did not participate in such programs only reported a 40% increase. This data reinforces [22] assertion that resilience is not merely an innate quality but a learned one, fostered through structured educational programs that promote emotional and psychological growth.

The substantial increase in resilience among personnel who participated in character education aligns with the findings of [26], who found that individuals with strong moral education and ethical grounding exhibit enhanced emotional resilience, enabling them to thrive under stress and adversity. The results from this study highlight that resilience in military personnel is not solely reliant on physical training but is equally dependent on emotional and moral preparedness, reinforcing the argument that character education plays a pivotal role in preparing individuals for the challenges faced in national defense.

Character Education and Leadership

One of the most significant findings of this study was the improvement in leadership skills among military personnel who participated in character education programs. With a 75% increase in leadership effectiveness compared to only a 50% increase in those who did not undergo character education, the findings validate the critical link between character education and leadership development. This outcome aligns with [27] theory that character education, particularly when focusing on ethical leadership and moral courage, equips individuals with the tools necessary to lead effectively, even in high-pressure situations. Leadership in defense settings often requires the ability to make ethical decisions quickly, and personnel with strong moral principles are more likely to navigate complex, high-stakes environments effectively.

This finding also echoes the work of [28], who emphasized the role of character development in military leadership training. They argued that leaders who undergo character education are not only more ethically grounded but also more capable of inspiring trust and cohesion within their teams. The findings from this study reinforce that integrating character education into military training leads to better leaders, who can motivate their subordinates, foster unity, and maintain morale, which are all essential for successful defense operations.

Character Education and National Defense

The link between character education and national defense is further supported by this study's findings, which demonstrate that character education significantly contributes to the overall effectiveness of defense strategies by enhancing the resilience and

leadership of personnel. The study revealed that nations with well-structured character education programs in their military training produced personnel who were not only more resilient but also better equipped to make ethical decisions under duress, ensuring a higher standard of national defense.

These results are consistent with the theoretical framework of national defense resilience, as outlined by [9], who argue that a resilient defense force is built not just on technology and weaponry but on the moral and emotional strength of its personnel. The study confirms that resilient individuals, shaped by character education, are more likely to remain committed to their nation and contribute effectively to defense strategies. This finding suggests that character education is not merely an add-on to technical training but a core component of developing personnel capable of responding to both conventional and non-conventional security challenges.

Challenge to Integrating Character Education

While the findings support the effectiveness of character education in enhancing resilience and leadership, the study also identifies several barriers to its integration into military training programs. One of the primary challenges highlighted was the inconsistent implementation of character education across different branches of the military, with some defense forces prioritizing technical and tactical training over moral and emotional development. This is consistent with [12] observation that, in many institutions, character education is still regarded as secondary to more practical skills and is not consistently integrated into curricula.

Furthermore, some military institutions struggle with resource allocation and the development of comprehensive programs that effectively address the specific needs of defense personnel. The study found that while some countries, such as Singapore and the United States, have successfully integrated character education into their military training, others are still in the early stages of adopting such programs. This gap in implementation highlights the need for policy makers to prioritize character education and allocate the necessary resources to ensure its effective integration into national defense strategies.

The Role of Character Education in National Security

Ultimately, the findings of this study suggest that character education plays a pivotal role in strengthening national security by building resilient human resources capable of responding effectively to a wide range of threats. By cultivating individuals who are emotionally strong, ethically grounded, and capable of leading others under pressure, character

education enhances the overall defense capability of nations. This is particularly important in the modern era, where threats to national security are increasingly complex and require more than just physical strength or technological superiority [22]. The study's findings offer substantial evidence for the integration of character education into defense policy as a means of ensuring that nations have the resilient human resources necessary to face contemporary challenges.

5. Conclusion

This study emphasizes the pivotal role of character education in fostering resilient human resources to strengthen national defense, particularly in the modern era where complex security threats require not only physical strength but also emotional resilience and ethical leadership. The research found that character education significantly enhances resilience, leadership, and overall defense effectiveness. Specifically, military personnel who underwent character education training reported a 70% increase in resilience, compared to a 40% increase among those who did not participate in such programs. Furthermore, leadership skills showed a notable improvement, with 75% of individuals trained in character education exhibiting stronger leadership compared to only 50% without such training. These findings directly support the notion that character education is integral to developing resilient and effective defense personnel capable of addressing contemporary national security challenges.

The findings of this research contribute significantly to the theoretical understanding of resilience and character education, particularly in the context of national defense. The study reinforces the idea that resilience is not merely an inherent trait but can be cultivated through targeted educational programs that focus on ethical values, leadership, and perseverance. By synthesizing the literature on character education, resilience, and national defense, this research fills a critical gap, providing empirical evidence of the positive impact of character education on both individual resilience and national defense capabilities. Furthermore, the study underscores the need for a holistic approach to military training, where character development is as important as technical and tactical proficiency in ensuring the strength and effectiveness of defense systems.

Practically, the research has several important implications for policymakers and military leaders. The findings suggest that integrating character education into national defense training programs is essential for creating a resilient, ethically grounded defense force. By prioritizing character development alongside technical training, nations can build a more

cohesive and effective defense system that is better equipped to handle both conventional and non-conventional security threats. This research also highlights the need for policymakers to allocate resources to ensure the widespread integration of character education in defense programs, recognizing its importance in shaping both individual performance and collective defense strength.

Additionally, the study reveals some barriers to the successful integration of character education, including inconsistencies in its implementation across different defense branches and the limited resources allocated to such programs. This suggests that further work is needed to ensure that character education is consistently integrated into military training curricula and that institutions have the resources and support to carry out these programs effectively.

Future research should focus on the specific components of character education that most effectively contribute to resilience in defense settings, as well as the long-term impact of these programs on national security outcomes. Furthermore, exploring how character education can be adapted to address the evolving nature of modern security threats such as cyber warfare and global terrorism would provide valuable insights into how educational frameworks can be further developed to meet the needs of contemporary defense forces. Additionally, future studies could investigate the experiences of military personnel from different countries to compare the effectiveness of character education programs and assess their broader impact on global defense strategies.

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